

**ETHRA
GRANTS & PROGRAMS**

**Transportation
Call Center for Transportation
Rental Assistance
Weatherization
Low Income Home Energy Assistance
LIEAP Summer Cooling
Senior Home Delivered Meals
Office on Aging
Senior Citizen Centers
Legal Services for the Elderly
Nursing Home Ombudsman
Elderly Health Promotion
Public Guardianship
SSI Payee Representative
Workforce Investment
Child Care Food
Summer Food for Children
Community Corrections
Misdemeanor Probation
Youth Community Intervention
Domestic Violence
Ryan White Consortium
Area Agency on Aging & Disabilities
And more.....**

If you know someone who needs
respite services or
non-protective homemaker services
call

**OPTIONS for Community
Living
1-866-836-6678**

“The East Tennessee Human Resource Agency, Inc. is an equal opportunity employer. Consumers and applicants are considered without regard to race, color, religion, sex, national origin, age, marital status, or disability.”

Homemaker Services are funded primarily by the Tennessee Department of Human Services(DHS), United Way, The Department of Children’s Services(DCS), and local County Governments also provide funding.

East Tennessee Human Resource Agency has been in operation since 1973. ETHRA has long been a leader in the delivery of programs in East Tennessee. The IRS recognizes ETHRA as a 501©3 non-profit agency.

Contributions to the program are appreciated and are used to maintain programs.

For more information about any of these programs, contact our main office in Knoxville at 865-691-2551.

www.ETHRA.org

**East Tennessee
Human Resource
Agency**

**Protective
Service
Homemaker
Parent Aide**

**Serving 16 Counties in
East Tennessee
East TN Human Resource Agency
9111 Cross Park, Suite D-100
Knoxville, Tennessee 37923
Phone: 865-691-2551 Ext.246**

**Dept. of Human Services
Protective
HOMEMAKER SERVICES
for Elderly and Handicapped
Adults include:**

- Light housekeeping
- Preparation of nutritious and appetizing meals
- Assistance with budgeting and bill paying
- Assistance with reading and interpreting mail
- Essential shopping and errands
- Washing, mending, and caring for clothing
- Assistance in obtaining appropriate medical care
- Personal care such as assistance with bathing, toileting, eating, dressing, and grooming
- Transportation to doctor, grocery, bank, errands, etc.

To make a referral for
Protective Homemaker Services,
contact
Adult Protective Services with
The Department of Human Services
at:
1-888-APS-TENN
or
1-888-277-8366

Homemaker service is provided to elderly or handicapped adults over 18 years of age who are in danger of being neglected, exploited, or abused. The homemaker does only those tasks in the home which the client is no longer able to do for him/herself. There are some adults who also benefit from the teaching, supervision, and skills development component of the Homemaker Service. The Homemaker provides emotional support during periods of loneliness and depression, and enables clients to live independently prolonging nursing home placement.

Homemakers are trained paraprofessionals who also make regular home visits to parents who are experiencing stressful family situations. The main focus of visits to these homes is to teach parents home management skills, so that their children can remain safely at home or be returned from foster care. The homemaker serves as a role model for appropriate parental behavior, while providing the family moral support and encouragement to reach goals.

**Homemaker Services Provided
for Parents include:**

- Teaching parenting skills, including appropriate discipline techniques
- Consumer education and assistance with budgeting and bill paying
- Teaching child development and age appropriate expectation of children
- Teaching preparation of nutritious and appetizing meals
- Teaching household organization and cleaning
- Teaching grooming and good personal hygiene
- Assisting in the selection and purchasing of items needed to make the home adequate
- Assisting in the use of medical resources
- Assisting parents in establishing or improving a home for the return of children from foster care
- Teaching parents what community resources are available and how to use them

**Call your local Department
Of Children's Services
to make a referral.**