

25th Annual Smoky Mountain Criminal Justice Conference: Nov 1st-5th 2021

Dec 1st: Holiday inspired Combined Advisory Board Meeting

Volume 1, Issue 2

### October

2021

# **Helping PEOPLE**

Correc-Community tions takes pride in helping people return to their normal lives after incarceration. The officers and treatment managers work hard to ensure every person within the program is treated like an individual instead if a statistic. Many of the officers and treatment managers spend hours on a weekly basis, sitting down individually with each client, and going over their progress within the program. There are

times when the clients will have set backs which would normally send them back to probation or even prison Community However. Corrections is a treatment based program providing guidance, counseling, and even one-on-one attention to make sure the clients under-

stand they are not alone and

can make a

change for the

better.

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East Tennessee Human Resource Agency

Real Services. Real Heart. Real Impact.

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## Good-To-Know September Stats

- ⇒ 1, 156 Completed face to face contacts
- $\Rightarrow$  112 Home Visits
- ⇒ 259 Drug Screens administered
- ⇒ 1064 Arrest Checks completed

- ⇒ 22 STRONG-Rs completed
- ⇒ \$ 25,448.80 total fees collected
- ⇒ 8 clients successfully left program







#### Josie West

Josie has worked for ETHRA for 6 years and is LADACII & NCACI certified. Josie has won the 2021 **ETAADAC** and TAADAC Counselor of the Year awards and has been helping others in the field for 25 years total. Josie says, "Recovery relationship, thus working with ETHRA clients I have time to form relationships and witness success stories. It is a blessing that ETHRA supports me in supporting others." Two of Josie's favorite quotes are "If this is the worst thing that happens in my world today, it's a good day" and "There's always something to be grateful for, always."

#### **QUICK FACTS**

ETHRA serves 19 counties in TN

Community Corrections began in 1985

Over 900 clients are served by Community Corrections

Community Corrections helps clients through counseling and Job Readiness training

#### **Program Testimonials:**

#### **Blount County Success Story, Writes:**



"I would like to start by saying how grateful I am for the opportunity to be involved with Community Corrections, instead of standard probation. I was on State Probation when I was first convicted of my charges, back in 2017. I found that that type of supervision was not a good fit for me. There was plenty of accountability and punishment, but I was labelled by my charge and treated as a substandard member of the community. That was a huge blow to my self-esteem, and I found myself running back to the same problems that led me to the legal system in the first place. When I was accepted into Community Corrections, I was treated as a person who had problems, and I was surrounded by people who were willing to go the extra mile to help me be successful, from my case manager to my corrections officer. I was treated with respect, and my check-ins were not stressful, or fear based. I felt welcomed to have a voice, ask for help, and I felt genuinely cared for. I have since completed the program, and I am working in my community as a responsible, upstanding citizen. I couldn't have done it without Community Corrections as a whole. Thank you again for everything that you all have done for me, and others in the recovery community."

For more information, visit the website: <a href="https://www.ethra.org/">https://www.ethra.org/</a>
<a href="programs/34/community-corrections-program/">programs/34/community-corrections-program/</a>

Or contact Katherine Somoza, Program Director, at KSomoza@ETHRA.org

# What does CBIP Mean? Why do we use it?

A Cognitive Behavioral Intervention Program (CBIP) curriculum is composed of Conflict Resolution/Anger Management, Risk Factors, and Recidivism/Relapse Prevention. For females, additional components may include: Abuse Victimization, Trauma, and Relationships. CBIP is a common type of psychotherapy designed to change the way that offenders respond to stress in their environment. In Community Corrections, each client with a moderate risk level or higher, determined by the STRONG-R assessment tool, must complete the CBIP classes. CBIP classes are offered by all of ETHRA's Treatment Managers and some of the Corrections Officers.

https://crimesolutions.ojp.gov/ratedpractices/57#practicecost